



GERIATRIC SOCIETY OF INDIA®

GSI NEWS

July Vol. IX No. 2

Dr. G. Subramanyam Reddy
President

Dr. Om Prakash Sharma
General Secretary
& Hony. Editor

Dear Colleagues,

GSI suffered a big loss in the death of its Past President Dr. J. J. Sood, whose immense contributions had taken the society to a great height. The annual general body passed a resolution praising his services and praying for the departed soul to rest in peace in heaven.

After an illustrious year of guidance, Dr. N. N. Asokan has passed on the torch to Dr. G. Subramanyam Reddy to lead Geriatric Society of India. Dr. Reddy who has organized a mid-term conference in the year 1998 and has also started an oration in the memory of this conference, will take the society to newer heights. His knowledge, his vast experience and his contacts will be of immense help to the society.

We are having our third independent Annual Conference at Pondicherry and will be launching some more programmes at that time.

The two courses for Doctors – at IMA AKN Sinha Institute and IGNOU have given a boost to the learning of Geriatrics among doctors in India. The addition of Geriatrics in the curriculum by Medical Council of India is also sensitizing the medical graduates towards the new emerging field of Geriatric Medicine.

The department of social justice and empowerment has launched their programme NICE (National Initiative on Care of Elderly). Through this programme Para-medical services for elderly care are being developed.

The pharma industry is also gearing up about Geriatric Products.

The social awakening and special programmes by NGOs (HelpAge being the leader) and RWAs (Resident Welfare Associations) are bringing elderly under one roof. This is helping in identifying their problems, pulling in resources and working out solutions.

The problem is vast, resources are meagre but the future is bright.

Long live GSI.



Dr. Om Prakash Sharma

Congratulations

Dr. R. R. Kasliwal

Cardiologist & Fellow GSI

for

Dr. B. C. Roy Award



**Attention All Members - inform your
Email ID and Tel/Mobile Nos.**

Apply for Fellowship - Details Page-2

**Annual General Body Meeting :
Highlights and Resolutions - Page - 7**

Annual National Conference of Geriatric Society of India

September 2nd - 4th 2005, Pondicherry
for details, visit us at : <http://www.geriaticindia.com>

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Dr. J. J. Sood

04th December 1929 - 27th May 2005

*Dr. J. J. Sood, Past President, Geriatric Society of India
left for his heavenly abode on 27th May 2005.*

We pray for the departed soul to rest in peace in heaven.

Members of Geriatric Society of India



President GSI 2002



GERIATRIC SOCIETY OF INDIA®

K-49, Green Park, New Delhi - 110 016

Email : opsharma@geriatricindia.com, Visit us at : <http://www.geriatricindia.com>

MEMBERSHIP FORM

I wish to join Geriatric Society of India as Life / Ordinary member and promise to abide by its rules and regulations

Full Name (block letters) Age.....M/F

Qualification (with year & university)

Residential Address

..... Tel. :.....

Email

Office Address with designation

..... Tel. :.....

Category of Membership : Specialist / Family Physician / Non Medical

Membership fee : Life Member Rs. 3000/-

Amount remitted by Cash/Demand Draft/MO No.

Date.....

Signature of Applicant

Proposed by

Seconded by

Name

Name

Address

Address

Membership No

Membership No

Secretariat

**K - 49, Green Park,
New Delhi - 110 016
India.**

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**Life Membership
Rs. 3000.00**

Fellowships of GERIATRIC SOCIETY OF INDIA®

Applications are invited for the Award of Fellowships from members of Geriatric Society of India.

Eligibility :

1. Life Membership

- a) Medical Members : More than five years
b) Non Medical Members : More than ten years

2. Contribution in the field of Geriatrics/Gerontology.

Last Date for applying 10th August 2005.

Application on plain paper giving Life Membership No., Year of joining GSI and other details with supporting enclosures.

The members selected as fellows will be informed immediately.

They will be required to pay Rs. 4000/- as fellowship fee.

Convocation of the Newly Elected Fellows will be held during Annual Conference of GSI on 2nd - 4th September - 2005 at Pondicherry.

Dr. G. Subramanyam Reddy
President
 Geriatric Society of India



Dear Colleagues,

Greetings from Pondicherry.

We are once again meeting for our XXIV Annual Conference to be held between 2nd to 4th September 2005 at Pondicherry.

This Annual Conference is little different from the earlier ones. I feel Geriatric Nursing is also an important aspect for development of Geriatric Health Care System. Hence, in consultation with many of our colleagues, I have allotted one day for Geriatric Nursing on 2nd September 2005. As Geriatric Nursing is not well developed in our country, I hope this addition will sensitize our nursing staff on aspects of Geriatric Care.

As President of Geriatric Society of India, I am pleased to share with all of you some of my thoughts about the future direction we should embark upon. Previous presidents of our society have done enormous work in getting the attention of our medical brethren and the society as a whole towards the elderly population and their health issues. Dr. N. N. Asokan, Past President of this society has done a commendable job. Dr. O P Sharma has been great strength to the organization since its inception. All my eminent predecessors have enabled us to march forward in implementing some important goals to accomplish Geriatric Care at grassroot level in our towns and villages.

As we are aware, Global population ageing is an important challenge and action has to be taken by virtually all countries. The geriatric population was about 600 million in 2000. It is expected to rise to 1.2 billion in 2025 and 2 billion in 2050. About two thirds of all old persons are living in developing countries; this figure, by 2025 will be about 75%. Women outlive men in all societies; consequently in very old population women is to men ratio is 2:1. In developing country like ours, these figures have changed the nature of demands on our health care system. Our health delivery system has to accommodate the needs of the older population as well as other core groups – such as child and maternal care.

We have to strengthen geriatric care in our country in two areas- education as well as health care delivery. In light of world-wide population ageing, it becomes clear that the education of tomorrow's medical doctors is important because they will increasingly deal with older patients. Geriatrics has to be included in medical curriculum in under-graduate teaching. There is an urgent need to create Geriatrics as a Post-graduate speciality. Towards this end, we are approaching the National Board to start a DNB course in Geriatrics. Health care systems in developed countries will also have to adapt since their population will continue to age.

Increasingly we see wards leaving their elderly parents and living separately in search of jobs, both within the country and abroad. Whereas joint family system is ideal for physical and mental health of elderly, we need to adapt to the changing scenario. Hence, we have to consider the concept of Geriatric homes/ Institutions where elderly will be taken special care of and their specific health and psychological problems will be attended to. We need the political and social understanding and cooperation on these issues. In the medical field, we have taken certain steps. But we need to progress further in this regard. We may have to involve ourselves in this process after retirement in various capacities to improve this field.

Hoping to meet you all in the forthcoming conference and with best wishes.

24th Annual National Conference on Geriatrics & Gerontology – 2005

Pondicherry
 September 2nd to 4th 2005

REGISTRATION FEE

For Delegates : 1000.00
 For Post Graduate Students* : 300.00
 For Nursing Staff : 300.00
 Spot Registration : 2000.00

* PG Students should provide necessary certificate from the Head of the Department.

Filled up Registration Forms along with Demand Draft should be sent to conference secretariat

PAYMENTS : Payments should be made by Demand Draft Only favoring "GSICON-2005" payable at Pondicherry.

Last date for registration
 6th August 2005

REGISTRATION FORM

1. NAME
2. ADDRESS :
-
-
- Tel.:
- Fax:.....Email
-
3. (i) Accommodation required :
- (ii) Date
-
- (iii) Arriving on.....
- (iv) Preference of the hotel: 1st
- 2nd
4. Payment Details
- (i) Registration Fee
- (ii) P.G. Student Fee
- (iii) Accommodation
- (Advance for one day)
- Total :

Draft No.....dated.....drawn in favour of "GSICON-2005" payable at Pondicherry.

Date :

Signature

HOTEL TARIFF				
	A/C	Non A/C		
	Single	Double	Single	Double
Hotel Annamalai International	1600	1900	-	-
Hotel Anandha Inn	1500	1900	-	-
Hotel Mass	1400	1700	600	800
Hotel Jayaram	700	800	500	600
Hotel Surguru	700	850	450	600
Govt. Guest House for PG Students	-	-	150	200

FREE PAPERS	
Last date for submission : 2nd August 2005.	
Presenters of Free Papers must register for the Conference.	

Secretariat

Dr. G. Subramanyam Reddy

No.19, V Cross Street, Venkata Nagar, Pondicherry – 605 011.

Tel: 91-413-2211722 E-mail:gsreddy@satyam.net.in

Scientific Programme Geriatric Nursing Conference 2nd September 2005

Nursing issues in Geriatric patients

Dr. B. Babu Paidipathy

Chief of Critical Care Medicine, St. Mary's Hospital, USA

Nursing Care of the Elderly at Home

Prof. Punitha Ezhilarasu

Dean, College of Nursing,
Christian Medical College & Hospital, Vellore

Peri Operative Geriatric Nursing Care

Prof. Prabhudeva

Principal, M.S. Ramaiah Institute of
Nursing Education & Research, Bangalore

Nursing Care in Critically ill Patients

Prof. Prasannakumari

Principal, Calicut College of Nursing,
Calicut Medical College Hospital, Kozhikodu

Nursing Care of the Elderly with Cardiac Problems

Prof. Saramma

Lecturer & Co-ordinator of DNN Program,
Sri Chitra Thirunal Institute of Medical Sciences, Trivandrum

Nursing Care of the Elderly with Neuro Psychiatric problems

Prof. K. Lalitha

Additional Professor, Dept. of Nursing, NIMHANS, Bangalore

Social aspects of Geriatric Nursing

Prof. Usha Ukande

Principal, Choithram College of Nursing
Choithram Hospital & Research Centre, Indore

How to Avoid Falls in Elderly?

Dr. Dharmarajan

Chief of Division of Geriatrics,
Our Lady of Mercy Medical Center, USA

Workshop

1. Activities of Daily living for severe dementia

Prof. Usha Ukande

2. Relaxation and Exercise Strategies

Prof. Pity Koul

Reader, School of Health Sciences,
Indira Gandhi National Open University, New Delhi

3. Use of Mini Mental Status Examination

Prof. Kanwaljit Gill

Professor, College of Nursing, CMC & Hospital, Ludhiana

4. Life Review Techniques and Reminiscence Skills

Prof. Catherine

Principal, Ramakrishna Mission Hospital, Coimbatore

5. Mobility Aids in Elderly

Dr. Sanjay Wadwa

Associate Professor, Dept. of Physical Medicine & Rehabilitation
All India Institute of Medical Sciences, New Delhi

Scientific Programme 24th National Geriatric Conference 3rd & 4th September 2005

Presidential Oration

Dr. G. Subramanyam Reddy

President, GSI, Pondicherry

COPD in Elderly

Dr. V. K. Vijayan

Director, V.P. Chest Institute, New Delhi

Upcoming Scenario of Autoimmune Disorders in Elderly

Dr. Harbir Kaur Rao

Professor of Medicine, Govt. Medical College, Patiala

Special Nutritional Aspects in Elderly

Dr. Sanjeev Bakshi

Consultant Physician, USA

Approach to a case of Arthritis in Elderly

Dr. Babu Paidipathy

Chief of Critical Care Medicine, St. Mary's Hospital, USA

Approach to a case of Jaundice in Elderly

Dr. C. M. Habibullah

Director, Deccan College of Medical Sciences, Hyderabad

Osteoporosis in Elderly

Dr. Angeline A Lazarus

Chairman, Dept. of Internal Medicine,
National Naval Medical Center, USA

Falls in Elderly

Dr. Dharmarajan

Chief of Division of Geriatrics,
Our Lady of Mercy Medical Center USA

Autonomic Neuropathy in Elderly

Dr. Ashok Kumar Das

Medical Superintendent, JIPMER, Pondicherry

Symposium on Coronary Vascular Disease in Elderly a) Medical Management & Angioplasty

Dr. S. Thanikachalam

Head, Dept. of Cardiology, Sri Ramachandra Medical College &
Research Institute, Chennai

b) CABG

Dr. Janardhan Reddy

Senior Consultant Cardiothoracic Surgeon,
Vijaya Heart Foundation, Chennai

Anti-ageing and Healthy Ageing

Dr. G. S. Sainani

Consultant Physician, Jaslok Hospital, Mumbai

Tuberculosis in Elderly

Dr. Rita Sood

Prof. of Medicine,
All India Institute of Medical Sciences, New Delhi

Non-Hodgkins Lymphoma in Elderly**Dr. N. Ramesh**Director, Dept. of Medical Oncology,
Apollo Cancer Hospital, Chennai**Approach to a case of acute Abdomen in Elderly****Dr. Dilip Kumar Baliga**Medical Superintendent & HOD of Surgery,
General Hospital, Pondicherry**Symposium on Pneumonia in Elderly****a) Etiopathogenesis****Dr. Angeline Lazarus****b) Clinical Features****Dr. P. S. Shankar****c) Management****Dr. Rita Sood****Infections in Elderly**

Dr. V. Govindaraj

Specialist in Medicine, General Hospital, Pondicherry

Anaemia in Elderly**Dr. Dharmarajan**Chief of Division of Geriatrics, Our Lady of Mercy Medical
Center, USA**Socio Economic issues in Elderly in India****Dr. Babu Paidipathy****Care of Elderly at Home****Dr. N. S. Neki**

Professor of Medicine, Govt. Medical College, Amritsar

Clinical and investigative approach to a case of Seizure Disorder in Elderly**Dr. Satish Chandra**

Professor of Neurology, NIMHANS, Bangalore

Planning of Geriatrics in India**Dr. O. P. Sharma**

General Secretary, Geriatric Society of India, New Delhi

Sleep Disorders in Elderly**Dr. Lazarus**

Consultant Psychiatrist

Hypertension in Elderly**Dr. Jacques Boddaert**Professor of Geriatric Medicine,
Groupe Hospitalier Pitie-Salpetriere, France**Fractures in Elderly****Dr. Madan Mohan Reddy**Consultant Orthopaedic Surgeon
Apollo Hospitals, Chennai**Dyslipidemia & its Management in Elderly****Dr. R. S. Gupta**

Professor of Medicine, Govt. Medical College, Patiala

Polypharmacy**Dr. Sanjeev Bakshi****Neuro Vascular Diseases in Elderly****Dr. Marc Verny**Professor of Geriatric Medicine,
Groupe Hospitalier Pitie-Salpetriere, France**Movement Disorder in Elderly****Dr. G. Arjun Das**Senior Consultant Neurologist,
Mercury Nursing Home, Chennai**Symposium on Urogenital problems in Elderly****a) B.P.H. and Cancer Prostate****Dr. Janarthanan**

Consultant Urologist, Pondicherry

b) Urolithiasis**Dr. Thanikachalam**

Hony. Professor of Urology, Madras Medical College, Chennai

b) Stress incontinence**Dr. Rajamageshwari**Consultant Urogynecologist,
Kasthuribai Gandhi Hospital, Chennai**Frail Elderly****Dr. B. Krishnaswamy**Professor & Head, Dept. of Geriatric Medicine,
Chennai Medical College, Chennai**Role of Minimum Invasive Surgery in Elderly****Dr. Palanivel**

Director, GEM Hospital, Coimbatore

Bronchogenic Carcinoma in Elderly**Dr. V. K. Arora**

Director, LRS Institute of Tuberculosis & AD, New Delhi

Pleural Effusion in Elderly**Dr. P. S. Shankar**Emeritus Professor & Director
M.R. Medical College, Gulbarga, Karnataka**Workshop on Psychiatric Issues in Elderly****Dr. Lazarus****Specific problems of Anaesthesia in Elderly****Dr. M. Ravi Shankar**Prof. and HOD of Anaesthesiology, Mahatma Gandhi
Medical College & Research Institute, Pondicherry**Implanted Cardiac Defibrillator and Pacemakers in Geriatric Population****Dr. Kul Deep Chadda**

Director of Cardiology, Wyckoff Heights Medical Center, USA

Case Discussion**Dr. Chandrasekharan**

Professor of Medicine, SRMC, Chennai

Free Paper Session


Convocation Ceremony
2nd September 2005
at the
Conference Venue

**Glimpses of
Annual General Body Meeting
Hotel Vasant Continental, New Delhi
13th June 2005**

**Executive Committee
2005-06**

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Dr. N. S. Neki (N)

Dr. Yogini Meisheri (W)

Dr. V. V. Haridas (S)



Dr. N. N. Asokan
President GSI 2004-2005
bidding goodbye

**Annual General Body meeting
Geriatric Society of India
13th June 2005**

Hotel Vasant Continental, New Delhi at 07:30pm onwards.

- Two minute silence was observed in the memory of Late Dr. J. J. Sood, President GSI, 2002, who passed away on 27th May 2005.
- The minutes of the previous GBM were approved. The audited statement of accounts were adopted.
- Future Scientific Programmes were discussed.

The following resolutions were adopted

1. Life Membership Fee to be raised to Rs. 3000/-
2. Fellowship Fee to be raised to Rs. 4000/-
3. All mails and newsletter to be sent by email wherever possible, except the newsletter which contains Election Notice / AGM Notice.
4. Every Zone to have Scientific Activities.
5. Health Checkup camps be organized.
6. Social functions like Charity Show etc. may be done to collect money to improve financial position of the society.
7. Coordinators be appointed in various countries and overseas membership be encouraged.
8. Overseas members may organize activities under the banner of Geriatric Society of India

Dr. G. Subramanyam Reddy
President GSI 2005-2006
Taking Charge heading newteam



GERIATRIC CARE

Edited by: Dr. O. P. Sharma

PART-I GERONTOLOGY

- 1 Introduction
- 2 Immunity
- 3 Molecular Basis of Ageing
- 4 Pathological Changes in Ageing
- 5 Quantification of Ageing
- 6 Infections

PART-II GERIATRIC MEDICINE

Section - 1 Cardio-Vascular System

- 7 Aged Heart
- 8 Coronary Artery Disease
- 9 Arrhythmias
- 10 Hypertension
- 11 Cardiac Failure
- 12 Preventive Cardiology & Non Pharmacological Measures
- 13 Rehabilitation after Cardiac Problem
- 14 Peripheral Vascular Diseases

Section - 2 Respiratory System

- 15 Aged Lung
- 16 Bronchial Asthma
- 17 COPD
- 18 Pneumonia
- 19 Cor-Pulmonale
- 20 Interstitial Lung Disease
- 21 Pulmonary Tuberculosis
- 22 Lung Cancer

Section - 3 Gastrointestinal System

- 23 Upper G I Bleed
- 24 Lower G I Bleed
- 25 G I Infections
- 26 Digestive Cancers
- 27 Liver Disorders
- 28 Gallbladder and Biliary Tract Disorders

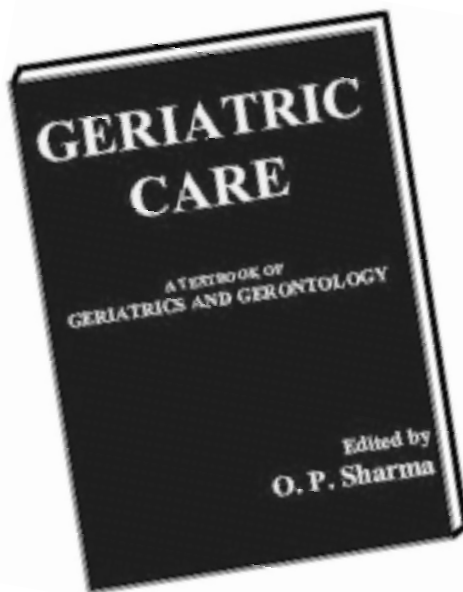
- 29 Motility Disorders
- 30 Pancreas

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- 32 Osteoarthritis
- 33 Back pain
- 34 Soft Tissue problems

Section - 5 Endocrinology

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- 37 Osteoporosis
- 38 Hormonal Basis of Cancer
- 39 Andropause



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- 40 Aged Kidney
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- 44 Epilepsy
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- 46 CNS Infections
- 47 Alzheimers Disease
- 48 Neuropathies and neuralgias
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- 51 Psychiatric Depression

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- 55 Dermatology Problems
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- 75 Prevention of Diseases

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